

### Who can participate?

- Ages 18-35 years old
- Have a concussion diagnosis from the previous 10 weeks
- English fluency

#### What does it involve?

Participate in 4 virtual sessions (45 minutes each) with a member of study staff. The sessions will take place from the comfort of your own home, using secure live video.

Complete three sets of questionnaires online through a secure link about your emotional functioning and concussion symptoms.

You can receive up to **\$90** for participating in the program and answering questionnaires.

\*No costs, no medication, and no travel

Mass General Brigham IRB

APPROVAL EFFECTIVE DATE 6/15/2023

# Have you recently sustained a concussion?

## ONLINE MASSACHUSETTS GENERAL HOSPITAL STUDY

Learn how to optimize your recovery following a concussion and help advance scientific research!



### Want to learn more?

Email the Study Coordinator, Nadine Levey, and the Study PI, Dr. Jonathan Greenberg at MGHConcussionToolkit@partners.org.